

Harvesting and storing okra (summary)

Okra management

First, use well ventilated containers to collect harvested okra, keep them in shade, put in basket and cover with a cotton wet cloth to keep it fresh for a week. Equally, use a desert fridge to store okra up to 3 weeks washing it once daily or cut okra into slices of less than 1cm and dry them in shade to be stored up to a year.