

# »How to grow beetroot – step by step beetroot cultivation«

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Beetroot is a vegetable propagated by seeds which germinate after 15 days after planting. The crop is grown by many farmers since every beetroot plant part is useful.

Additionally, beetroot is highly demanded since its a medicinal crop, highly delicious, nutritious, profitable, requires less capital, labour and resistant to many diseases . Beetroot is highly beneficial as it, it oxidizes the body, cures cancer and its easy to grow. Usually mature beetroots have a height of 8-9 cm. Usually the beetroot plant is mostly attacked by the leaf spot disease.

### Conditions to grow

Beet root grows on almost every type of soil however loamy soil favours higher yield. Beet roots do not survive in cold environment and it grows best on loamy soils with pH Of 6.3-7.5. Additionally fully grown beetroot plants shade off the upper plant leaves.

### Steps involved

Star by sowing seeds at rain onset at 1.5-2 cm deep, at distance of 6-7 cm between plants and 35 cm between rows. Always constantly water crops for proper and effective crop growth. Furthermore, thin when plants attain the height of 4cm and apply fertilize with organic matter around the plant for proper crop growth. Also timely control weeds to avoid plant competition. Furthermore control pests and diseases by rotational cultivation.

### Harvesting

Always start harvesting beetroots 9 weeks after planting when bulbs have 1 inch in diameter and properly store the harvested

beetroot bulbs to avoid contamination and rotting which may lower the crop market value resulting into losses.