

How to make a micro garden— Farm Kenya

Home garden farming technology aims at producing more vegetables and fruits, so as to meet the rising food need in Kenya, while utilizing spaces such as home backyards.

Micro- gardens allow vulnerable families to meet their needs for vitamins, minerals and plant protein by providing direct access to fresh, nutritious vegetables every day. They also offer a source of extra income from the sale of small surpluses.

Micro Garden

Micro gardening is described as farming in containers on small spaces like balconies and rooftops. Different kinds of containers can be used such as recycled bottles, trash cans. Cultivation of the gardens requires less physical effort.

The requirements include : bottles, the seedlings, binding wire or thread, scissors, manure, soil, water, hammers, nails, ballast, pliers and timber to make the standing structure.

Construction

Identify your site to construct your structure. In the case of an urban set up, your own backyard or balcony will be ideal for the structure.

Cut the binding wire of 120 cm and put it in the holes on the bottle. Make a spacing of 30 cm between the bottles. Use a thread to hang them on a post. Fill the bottles with soil and manure in a ratio of 1:1. Pour water and then make holes in the soil and plant lettuce, vegetables and spices.

