»Managu/ African Nightshade«

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Managu is very rich in vitamin c and this is a component that it helps us in healing wounds and eyesight. Managu can be produced in all tropical regions because of the improved and modified varieties.
It is very safe for people who have acid issues to consume. So people with ulcers can actually consume. Managu requires a little space to grow. It may be a paper bag, sack, a vertical garden, a bucket or a tray and you will be able to grow and consume your fresh organic managu. However, it is not limited to small scale farming, you can as well grow them for economic purposes . Managu always has ready market because it is consumed daily. It requires little inputs for they do not need specialized care for example being grown in greenhouse

Varieties of managu

Managu can be produced in all tropical regions because of the improved and modified varieties that are available.
Ancient managu were very bitter but currently there has been modifications and improvements to produce a bit mild to increase consumption.There is also managu that is poisonous. The sizes of leaves also differ where by there are the broader leaves that have more food and smaller ones.

Planting and Growing

All that is needed is a little space if your not doing it in large scale. It is a heavy consumer that needs well rejuvenated soil that has all the nitrients required for its growth like Nitrogen.
Aggregate your seedlings and transplant them after three weeks .After three weeks to prune the managu for proper growth. Use overhead irrigation to water your managu which should be done either early in the morning or late in the evening.

Pests and Diseases

Managu is a crop that is highly infested by pests most of the pests attack the leaf or the under part of the leaf. This can be prevented or cured by the use of pesticides.

Pests that attack managu are ampids, thrift, red spider mites and sometimes you will see ants they tend to suck the sap of the leaf and the leaf folds itself and this deters its growth. To control that you need to make a pesticide that will be organic and safe for your crop and kill all the pests.