Monstera deliciosa Fruit Farming

Monstera deliciosa, popularly known as the Swiss cheese plant, is a tropical vine native to Central and South America. Monstera fruits have gained increasing popularity over the years due to the growing demand for exotic and unique fruits.

Monstera deliciosa thrives in a warm, humid tropical climate, requiring an average temperature range of 70–75 degrees Fahrenheit and high humidity levels. It is crucial to provide well-drained, nutrient-rich, and organic soil for Monstera deliciosa. You can propagate it through stem cuttings by simply taking a stem node with at least one leaf and placing it in a pot with suitable soil. Maintain warmth and moisture until the roots develop. Keep the soil consistently moist but avoid overwatering. Additionally, fertilize it with a balanced liquid fertilizer every 2 to 4 weeks during the growing season. It typically takes 12–18 months to mature after pollination.

Harvest the fruit when they reach a size of 8–12 inches or when the skin starts to lift. The fruit should emit a pleasant aroma and feel slightly soft to the touch.